

Programme of Study: Health & Social Care



KS2 Underpinning Concepts		Year 10	Year 11	KS5 & CEAIG Opportunities	Links to SMSC
Understanding the Human Body Learning the basic functions of body systems such as the heart, lungs, and muscles to support future study in anatomy and health. Healthy Living & Wellbeing Exploring the importance of nutrition, hygiene, exercise, and mental health to develop lifelong habits for wellbeing. Empathy and Caring for Others Encouraging kindness, compassion, and understanding of others' needs—core values in health and social care roles. Communication Skills Developing verbal and non-verbal communication through group work, presentations, and listening activities. Safety and First Aid Awareness Introducing basic safety rules and simple first aid knowledge to promote responsibility and care for self and others. Diversity and Respect Learning to appreciate and respect differences in culture, ability, and background to foster inclusive attitudes. Teamwork and Responsibility Building collaboration and leadership skills through shared tasks and group challenges, preparing for care-based environments. Decision Making and Problem Solving Practising how to make choices, solve problems, and reflect on outcomes to support independence and critical thinking.	Autumn 1	Component 1: Human Lifespan Development (A1–A2) Learning Intentions: Understand the physical, intellectual, emotional, and social (PIES) development across life stages. Skills Development: Analytical thinking, sequencing life stages, using subject-specific terminology.	Component 2: Internal Assessment Part 2 (Completion) Learning Intentions: Finalise care value application and reflect on personal development. Skills Development: Evaluation, reflection, improvement planning.	Academic pathways: Level 3 BTEC National in Health and Social Care A Levels in Psychology, Sociology, Biology T Level in Health (Health and Science route) Foundation Degrees in Health and Social Care Career pathways: Nursing Midwifery Social Work Paramedic Occupational Therapy Physiotherapy Care Worker Youth Work Counselling Health Visiting Early Years Practitioner Mental Health Support Healthcare Assistant Speech and Language Therapy Radiography Public Health Support Work Rehabilitation Services Community Health Roles Clinical Support Roles	Spiritual – Encourages reflection on personal values, beliefs, and empathy when caring for others. Moral – Explores ethical issues in health and social care, such as confidentiality, equality, and safeguarding. Social – Develops teamwork, communication, and leadership skills through group work and placements. Cultural – Promotes understanding and respect for diversity in health and social care settings. Citizenship and Responsibility – Highlights the importance of contributing to society and supporting others' wellbeing.
	Autumn 2	Component 1: Life Events and Impact on Development (A3, B1–B3) Learning Intentions: Explore expected and unexpected life events and their impact on development. Skills Development: Evaluating coping strategies, applying theory to real-life scenarios.	Component 3: Health & Wellbeing (A1–A3) Learning Intentions: Identify factors affecting health and wellbeing. Skills Development: Data interpretation, health profiling, understanding influences.		
	Spring 1	Component 1: Internal Assessment (Pearson-set Assignment) Learning Intentions: Apply knowledge of life stages and events to case studies. Skills Development: Report writing, critical thinking, applying assessment criteria.	Component 3: Health Improvement Plans (B1–B6) Learning Intentions: Create and justify a health improvement plan. Skills Development: Goal setting, planning, problem solving, motivational strategies.		
	Spring 2	Component 2: Health & Social Care Services and Values (A1–A3) Learning Intentions: Identify types of services and understand barriers to accessing care. Skills Development: Research, explanation, empathy, and understanding of service provision.	Component 3: External Assessment (Exam Window) Learning Intentions: Prepare for external assessment on health and wellbeing. Skills Development: Exam technique, literacy, revision strategies.		
	Summer 1	Component 2: Care Values and Application (B1–B6) Learning Intentions: Learn and demonstrate care values in practical contexts. Skills Development: Role play, reflection, communication, and ethical awareness.	Component 3: External Assessment (Exam Window) Learning Intentions: Consolidate learning and prepare for final exam. Skills Development: Time management, reflection, career planning.		
	Summer 2	Component 2: Internal Assessment Part 1 Learning Intentions: Apply care values and service knowledge to a set scenario. Skills Development: Scenario analysis, written communication, self-assessment.	GCSE Examinations		