

Week B	Monday (B)	Tuesday (B)	Wednesday (B)	Thursday (B)	Friday (B)
Main Course	Katsu Chicken Fillet in a bun with wedges and side salad Gluten, Wheat, may contain barley, sesame, oats, rye	Traditional meat & potato pie with mash potatoes and peas Gluten, Wheat, Egg and Milk	Chicken curry with rice GF, LF	Sausage, Mash and beans wheat, soya, milk and sulphite	Breaded fish / salmon fishcakes with chips & peas Fish, Gluten, Wheat, Egg and Milk
Vegetarian / Vegan	Tomato and Basil GF Pasta Bake , GF, LF, V with garlic bread Gluten, wheat, milk	Vegetable pie with mash potatoes and peas GF, LF, V	Vegetable curry with rice GF, LF, V Mustard	Quorn Sausage, jacket potato and beans LF, Ve Pigs in blankets, GF	Vegetarian quiche V and fries - Milk, Egg, Wheat, Gluten Vegan fishless fingers with chips V, Ve, GF mushy peas V, LF Vegetable pasta bake GF, V

Allergen options	GF pasta available	Main courses are GF, LF or V	GF pizza available	GF, Ve, LF options available	Main courses are GF, LF or V
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Grab & Go	Chicken goujons and wedges GF	Steak slice or sausage roll Gluten, Wheat, Egg and Milk	Vegetarian pizza V, GF, LF, Gluten, Wheat, Egg and Milk	Chicken goujons and wedges GF	Fish goujons and wedges Gluten, Wheat, Fish
		Loaded jacket skins GF, V			Cheese panini, V Gluten, wheat, egg, milk Loaded jacket skins
Potatoes	Jacket Potato GF, LF, V Various fillings: Fish, egg, milk	Jacket Potato GF, LF, V Various fillings: Fish, egg, milk	Jacket Potato GF, LF, V Various fillings: Fish, egg, milk	Jacket Potato GF, LF, V Various fillings: Fish, egg, milk	Jacket Potato GF, LF, V Various fillings: Fish, egg, milk

Dessert	Doughnut Gluten, wheat, soya & milk, egg, almond, hazelnut Ginger biscuits GF, LF	Cookies Gluten, Wheat, Oats, Soya, Egg and Milk GF, LF Cookies available	Chocolate sponge / crunch Gluten, Wheat, Egg and Milk Custard GF GF Jam sponge available LF Custard available	Flapjacks Wheat, Milk, soya	Bread and butter pudding Gluten, Wheat, Egg and Milk Ginger biscuits GF, LF
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GF - Gluten free

LF- Lactose free

V - Vegetarian

Ve - Vegan

Allergen ingredients - Gluten, Wheat, Oats, Soya, Egg, Milk, Mustard, Rye, Fish, Barley, Nuts