The St Patricks RC High Family Forum







Prayer

ST PATRICK'S
Roman Catholic High School

Lord, as we gather today, we ask that You be with us.

Help us to make decisions that will be pleasing to You and in the best interests of the young people we all serve.

Help us to discuss matters with mutual respect, willing hearts, listening ears and open minds.

Guide us in our journey of working together for the greater good of our St Patrick's family.

Amen

St Patrick – Pray for us



Tonight's focus

ST PATRICK'S
Roman Catholic High School

1) Anti-bullying Strategy/Processes: Mr Macafee
2) SEND provision and structure: Mr Barrie
3) PSCHE and RSHE: Miss Mainwaring
4) AOB

Anti-Bullying: Mr Macafee

ST PATRICK'S
Roman Catholic High School

- Starting point is always to ensure pupils know what bullying is, the fact it can happen anywhere and what their role is in supporting anti-bullying.

*'The **repetitive, intentional hurting** of one person or group by another person or group, where the relationship involves an **imbalance of power**. Bullying can be physical, verbal or psychological. It can happen face to face or online.'*

What is bullying?

- Pupils have had multiple assemblies (which complement PSHE) on anti-bullying, which includes:
  - What bullying is, and the different types – it is not 'banter'.
  - The importance of reporting any unkind behaviour – it is not ok to be a bystander
  - How we deal with unkind behaviour at St. Patrick's

How do we ensure bullying is not a problem?

ST PATRICK'S
Roman Catholic High School

- ALL unkind behaviours are tracked, monitored and intervened with
- This means we can escalate both perpetrators and victims appropriately and spot any patterns
- We intervene **before** unkind behaviour becomes bullying – where we can.
- It is so important that we are aware of any incidents so it can be dealt with.
- 'Alleged incidents' are also tracked.
- 9 pupils last year had a 'bullying' log – 4 of these are no longer here.
- We also surveyed our biggest COC victims – feedback overwhelmingly positive



It is always worth noting that the vast majority of pupils have no COC logs whatsoever – emphasis on 'demonstrating kindness'.

What has the impact been? Next steps…

ST PATRICK'S
Roman Catholic High School

Impact:

- Much more proactive intervention
- 41% reduction in unkind behaviour
- Pupils learn from mistakes – only 17% of issues are in KS4
- Celebration of the vast majority of pupils that have no COC logs and have demonstrated kindness
- Better communication with parents – much more evidence based conversations can be had



Next steps:

- Continue developing COC system – keep reviewing
- Update school website and anti-bullying policy
- Ensure next round of anti-bullying ambassadors are trained and appropriate intervention continues

Q & A

ST PATRICK'S
Roman Catholic High School

Does anybody have any questions, concerns, or suggestions re: our anti-bullying strategy?



SEND Provision and Structure: Mr Barrie

ST PATRICK'S
Roman Catholic High School

We believe all children and young people are entitled to an education that enables them to make progress and achieve. At St Patrick's RC High School we have a SEND & Inclusion team that is committed to removing barriers and supporting pupils to allow them to do this.



Assistant Headteacher:
Mr L Barrie
Luan.barrie@salford.gov.uk



SENDCO:
Mrs K Wood
Kimberley.wood@salford.gov.uk



Inclusion Lead:
Ms R Salih
Rachael.salih@salford.gov.uk



Inclusion Lead:
Mrs L Austin
Leah.Austin@salford.gov.uk



Inclusion Lead:
Miss L Browne
Laura.Browne@salford.gov.uk



Inclusion Lead:
Mrs L Corry
Lindsay.corry@salford.gov.uk

SEND & Inclusion Team

We also have 18 highly trained and experienced teaching assistants.

ST PATRICK'S
Roman Catholic High School





Highly trained staff with expertise in supporting pupils with:

- Autistic Spectrum Disorder
- Social & Emotionall Mental Health
- ADHD
- Dyslexia
- Dyspraxia
- Visual Impairments
- Hearing Impairments
- Physical disabilities
- And more.





Support we can provide

ST PATRICK'S
Roman Catholic High School





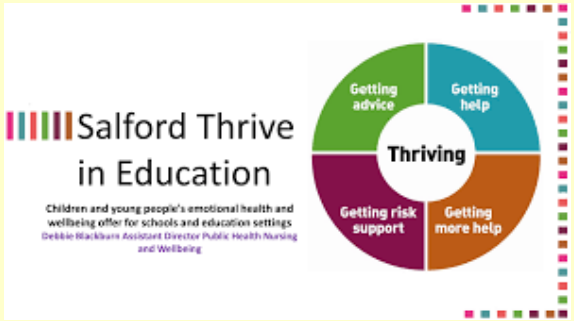
- Bespoke learning Plans:
  - In-class support
  - Meet & greet support
  - Personal care
  - Interventions
  - Specialist equipment
  - Sensory room
  - Lunch time Quiet clubs
  - Homework and catch up clubs
- Specialist Mental Health & Wellbeing support





Mental Health Support

ST PATRICK'S
Roman Catholic High School

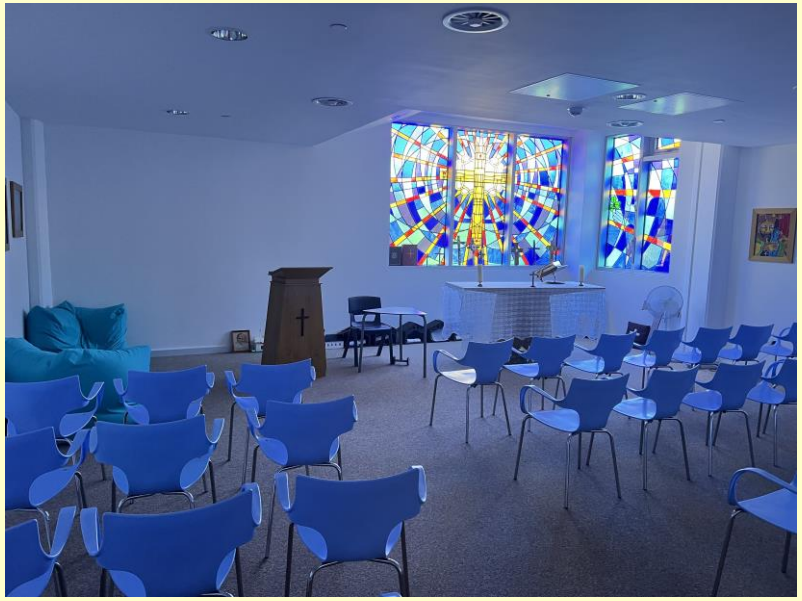


- Salford Thrive in Education
- In-school CAMHS worker
- 2 allocated school Education Psychologists
- 3 non-teaching Pastoral & Inclusion Leads
- An in school progress and wellbeing mentor
- Allocated key staff members
- Help plans
- Peer support groups

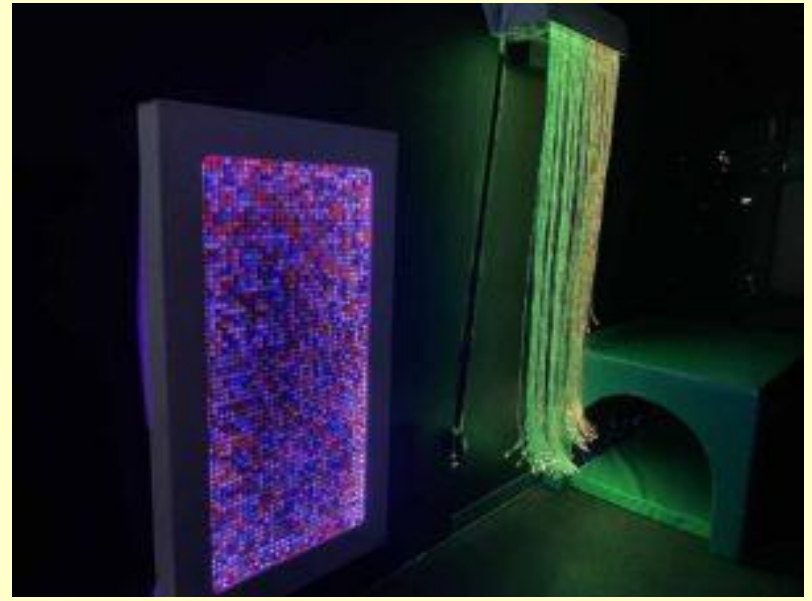
NHS

Safe Spaces

ST PATRICK'S
Roman Catholic High School

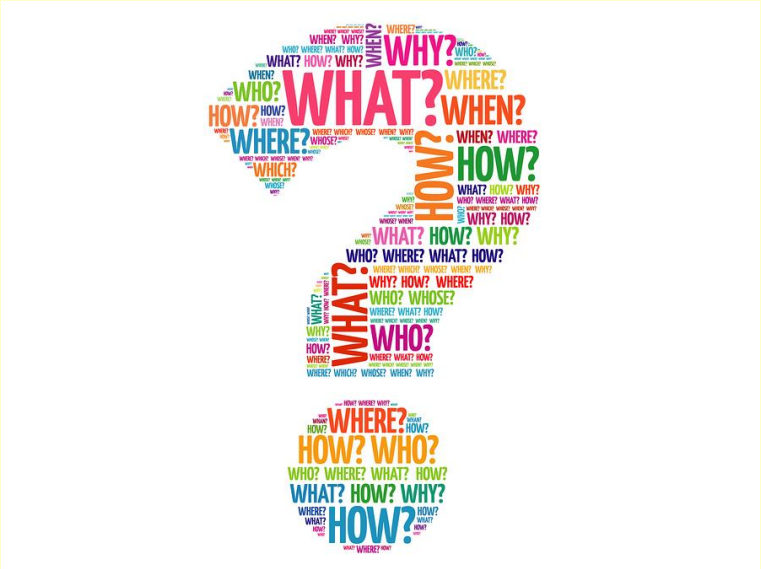


- Sensory Room
- Pastoral & Inclusion room
- Head of Year office
- Reflection Corner- school chapel
- Learning Resource Centre



ST PATRICK'S
Roman Catholic High School

Questions???



ST PATRICK'S
Roman Catholic High School

PSHCE and RSHE: Miss Mainwaring

Personal, Social, Health & Citizenship, Education.

PSHCE stands for Personal, Social, Health and Citizenship Education.

- Personal – self-awareness, managing emotions, goal setting, self-esteem
- Social – relationships, teamwork, communication, respect for others
- Health – physical health, mental well-being, sex education, substance awareness
- Citizenship – understanding laws, democracy, rights and responsibilities, social justice

When and how?
We deliver this through form time as form tutors know the pupils best, it is a comfortable environment for pupils.

ST PATRICK'S
Roman Catholic High School

Relationships, Sex & Health Education

It's a statutory part of the curriculum in England for primary and secondary schools. RSHE focuses on helping pupils develop the knowledge and skills to make informed decisions about their wellbeing, relationships, and health.

- **Relationships Education** (compulsory in primary and secondary):
  Covers topics like friendships, family relationships, and respectful relationships.
- **Sex Education** compulsory in secondary;
  Covers human reproduction, sexual health, consent, and contraception.
- **Health Education** (compulsory in primary and secondary):
  Includes physical and mental wellbeing, healthy lifestyles, drugs and alcohol education, and puberty.

Strengths

- Pupils are taught by their Form Tutor (parent in school). This ensures that this is a comfortable learning environment for pupils.
- Pupils have the opportunity to build on knowledge over time, they learn age appropriate content in their time with us.
- The curriculum Programme of Study is rigid, with flexibility and reflects any concerns that arise from the media etc.
- Personal journals are checked by teachers regularly throughout lessons to monitor feedback.
- We have recently trialled a new assessment strategy with Year 11 RSHE content. This will be rolled out across all year groups next academic year.
- Oracy is a focus within school, and drawn upon in PSHE lessons, and discussions are facilitated in class whereby pupils are expected to apply their PSHE/RSHE knowledge.
- Staff are trained to deliver the content.

'It is important to study healthy relationships because Catholics believe that children should be brought up in a loving family. The church is a model for family life and we should all support each other and respect thy neighbour' - A Year 11 Pupil

ST PATRICK'S
Roman Catholic High School

Areas for Development ahead of 2025/2026

ST PATRICK'S
Roman Catholic High School

Ten Ten

As part of our ongoing commitment to provide a high-quality education rooted in our Catholic values, we are pleased to inform you that from next academic year, our school will be using the **Ten Ten Resources** programme to deliver **Relationships, Sex and Health Education (RSHE)**.

Ten Ten is a Catholic organisation approved by the Catholic Education Service and is widely used in schools across England. Their **"Life to the Full"** programme is specifically designed to meet the **statutory requirements for RSHE** set by the Department for Education, while also remaining **faithful to the teachings of the Catholic Church**.

Parental Engagement

In the year of 2025/2026 we want parents to feel well supported in this area should they wish to continue any further education at home. We want involve parents more and ensure we are signposting resources for you to feel supported at home.

Programme of Study 2025-26: PSHCE RSHE

	Year 7	Year 8	Year 9	Year 10	Year 11
Autumn 1	Settling In/Transition Managing Change Keeping Safe Online Presence Healthy Relationships Consent	**Establishing Routines** **Dealing with change** **Building resilience** **Nutrition** **Fitness & The human body** **Establishing routines** **Healthy lifestyle**	Healthy choices Risks & Decision making Disease & prevention Responding to suffering The importance of physical activity	Establishing routines Building resilience Being independent Growth mindset Healthy body Healthy mind	Screen Time and Studying Exam Stress and Anxiety Careers Fair: How to Network Positive Mind-set Self Esteem Happiness & Others Articulating emotions PPES
Autumn 2	Marriage/Family Puberty Self-Esteem Personal health Respect	Relationships Sexual Orientation Consent Decision making Abuse Social Media Relationships FGM Personal Hygiene	Law surrounding Sex Abuse Nude image sending Coping with my changing body Physical Consent Grooming Equality Act Honour Based Violence Forced Marriages and Breast Ironing Modern-Day Slavery	Safe relationships & Healthy Relationships Sexuality Online Relationships Expectations Abuse Pornography Consent	Sexuality Pornography Expectations Abuse STIs Contraception Consent and Being Ready
Spring 1	Online Safety Skills & Attributes Team Work Problem Solving Communication Ambition Aspirations	Body image Online Safety Influence Equality & Respect Diversity British Values	Post 16 pathways Understanding my skillset Career Pathways From Failure to Success Assertiveness & Professionalism Financing, Budgeting and Employment First Aid	Online sThe Law Contraception STIS afety Digital footprint Healthy mobile phone use Coping with influence Social Media Validation	Drug use Alcohol Healthy life choices First Aid Self-Worth Addiction Eating Disorders
Spring 2	Health & Wellbeing Understanding Mental Health Positive Mental Health	Mental Health Positive & negative mental health Ambition & Aspiration Knowing and enhancing my skills Post 16 options	Anti-Bullying Online Safety Human Rights during War Women's Rights and Equality Exploring Safety Radicalisation Terrorism	Ambition Setting Goals Coping with Change Equality and Respect **Considering Pathways** The Right Careers for Me STEM Careers Rights and Responsibilities	Exam Preparation Mental Health: Beating Procrastination Mental Health: The importance of sleep GCSE Logistics
Summer 1	Building self confidence Body image Equality & Respect British Values Citizenship	Building a Community Criminals, Law and Society How are Laws made Prison, Reform and Punishment	Mental Health Different Types of Addictions Drug Classifications Legal and Illegal Drugs Vaping	Emotional and Mental Health - balancing work leisure and exercise Mental Wellbeing early signs of mental wellbeing concerns Managing Changing Friendships and Conflict at Home Alcohol and Drugs	Examinations
Summer 2	Decision making Equality & Respect Crime Keeping Safe Keeping Healthy	Culture and Religion British Values Respecting differences Politics Gender equality	Anti-violence Knife Crime Discrimination Equality. Staying safe	Crime & The Justice System Political Education Equality Prejudice Being the best version of me	Examinations

ST PATRICK'S
Roman Catholic High School

ST PATRICK'S
Roman Catholic High School

PSHCE and RSHE: Miss Mainwaring

- What do you like about our offer?
- Any suggestions for how we could improve?
- What support would you like as parents?

ST PATRICK'S
Roman Catholic High School



Family Forum

Autumn 2025

Wed 15th October

4.30pm to 6.00pm