AUTUMN/WINTER MENU - WEEK 2

	WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	BREAKFAST	SAUSAGE OR BACON BARM, CROISSANT, TOAST, CEREAL, FRUIT, YOGHURT	SAUSAGE OR BACON BARM, CROISSANT, TOAST, CEREAL, FRUIT, YOGHURT	SAUSAGE OR BACON BARM, CROISSANT, TOAST, CEREAL, FRUIT, YOGHURT	SAUSAGE OR BACON BARM, CROISSANT, TOAST, CEREAL, FRUIT, YOGHURT	SAUSAGE OR BACON BARM, CROISSANT, TOAST, CEREAL, FRUIT, YOGHURT
	MID MORNING BREAK	BAGEL, CHEESE ON TOAST, TEACAKES, TOAST, FRUIT, YOGHURT	BAGEL, CHEESE ON TOAST, TEACAKES, TOAST, FRUIT, YOGHURT	BAGEL, CHEESE ON TOAST, TEACAKES, TOAST, FRUIT, YOGHURT	BAGEL, CHEESE ON TOAST, TEACAKES, TOAST, FRUIT, YOGHURT	BAGEL, CHEESE ON TOAST, TEACAKES, TOAST, FRUIT, YOGHURT
		Allergies – wheat gluten barley soya eggs rye milk may contain sesame	Allergies – wheat gluten barley soya eggs rye milk may contain sesame	Allergies – wheat gluten barley soya eggs rye milk may contain sesame	Allergies – wheat gluten barley soya eggs rye milk may contain sesame	Allergies – wheat gluten barley soya eggs rye milk may contain sesame
	MAIN OPTION	PORK SAUSAGES WITH MASH AND BEANS HOMEMADE PIZZA Allergies – milk wheat gluten soya	CHEESY MEATBALL PASTA AL FORNO (BAKE) SAUSAGE ROLL WITH BEANS CHICKEN TIKKA PASTY WITH BEANS	KATSU CHICKEN ON A BED OF RICE HOMEMADE PIZZA Allergies - wheat gluten soya milk	CHICKEN TIKKA WRAP SALAD CHILLI CON CARNE WITH RICE CHICKEN TIKKA SLICE CHEESE SLICE WITH BEANS (V)	MSC BREADED COD FILLET, CHIPS AND PEAS FISH FINGER BARM AND CHIPS HOMEMADE PIZZA AND CHIPS
			CHEESE SLICE WITH BEANS (V) Allergies – milk wheat gluten soya		Allergies - wheat gluten soya milk	Allergies – fish wheat eggs gluten soya and milk
	VEGETARIAN (V)/	VEGAN SAUSAGES WITH MASH AND BEANS (VE) TOMATO AND BASIL SAUCE PASTA	VEGGIE VEGAN MEATBALLS IN TOMATO SAUCE (VE) SPICY TOMATO SAUCE PASTA	SOUTHERN FRIED ESCALOPE WITH KATSU RICE (V) VEGAN NUGGETS WITH RICE AND KATSU SAUCE (VE)	VEGGIE COTTAGE PIE WITH SEASONAL VEGETABLES AND GRAVY (V) SPICY TOMATO SAUCE PASTA	HOMEMADE CHEESE QUICHE WITH CHIPS AND BEANS (V) TOMATO AND BASIL SAUCE PASTA
	VEGETARIAN (V)/ VEGAN (VE)	JACKET POTATO - VARIOUS FILLINGS (V) (VE)	JACKET POTATO - VARIOUS FILLINGS (V) (VE)	TOMATO AND BASIL SAUCE PASTA JACKET POTATO - VARIOUS FILLINGS	JACKET POTATO - VARIOUS FILLINGS (V) (VE)	JACKET POTATO - VARIOUS FILLINGS (V) (VE)
		Allergies – milk wheat gluten soya	Allergies – milk wheat gluten soya	Allergies – milk wheat gluten soya	Allergies – milk wheat gluten soya	Allergies – milk wheat gluten soya

AUTUMN/WINTER MENU - WEEK 2

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
GRAB AND GO	VEGAN SAUSAGE ROLL (VE/V) CHEESE AND ONION PASTIES (V) Allergies - wheat soya milk eggs	SAUSAGE ROLL CHEESE SLICE (V) CHEESE OR HAM PANINI Allergies - wheat soya milk eggs	CHICKEN TIKKA SLICE SAUSAGE ROLL CHEESE AND ONION PASTIES CHEESE OR HAM PANINI Allergies - wheat soya milk eggs	SAUSAGE ROLL CHEESE OR HAM PANINI CHEESE AND ONION PASTIES Allergies - wheat soya milk eggs	CHEESE PANINI (V) VEGGIE VEGAN SAUSAGE ROLL (VE) CHEESE AND ONION PASTIES Allergies - wheat soya milk eggs
SANDWICH BAR	BAGUETTE, WRAP OR SANDWICH WITH VARIOUS FILLINGS Allergies – wheat egg milk soya mustard	BAGUETTE, WRAP OR SANDWICH WITH VARIOUS FILLINGS Allergies – wheat egg milk soya mustard	BAGUETTE, WRAP OR SANDWICH WITH VARIOUS FILLINGS Allergies – wheat egg milk soya mustard	BAGUETTE, WRAP OR SANDWICH WITH VARIOUS FILLINGS Allergies – wheat egg milk soya mustard	BAGUETTE, WRAP OR SANDWICH WITH VARIOUS FILLINGS Allergies – wheat egg milk soya mustard
SWEET TREATS	HOMEMADE COOKIES, CAKES, Mousse, Trifle	HOMEMADE COOKIES, CAKES, MOUSSE, TRIFLE AND CUSTARD	HOMEMADE COOKIES, CAKES, Mousse, Trifle	HOMEMADE COOKIES, CAKES, Mousse, Trifle	HOMEMADE COOKIES, CAKES, Mousse, Trifle

Fresh Fruit, Water Available Daily All menus are subject to availability

Allergy Advice

In compliance with food labelling REGULATION 1169/2011 pupils and staff are advised to let our catering staff know if any food may cause allergic reaction.

WE STORE, PRODUCE AND DISPLAY FOOD WHERE ALLERGENS ARE HANDLED AND WHILE WE TRY TO KEEP THINGS SEPARATE WE CANNOT GUARANTEE THAT ANY ITEM IS ALLERGEN FREE

