

AUTUMN/WINTER MENU - GLUTEN FREE

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST / MID MORNING BREAK	TOAST (V), CROISSANT (V), CEREAL, SELECTION OF FRUIT, YOGHURT (V) <i>Allergies – soya eggs rye milk may contain sesame</i>	TOAST (V), CROISSANT (V), CEREAL, SELECTION OF FRUIT, YOGHURT (V) <i>Allergies – soya eggs rye milk may contain sesame</i>	TOAST (V), CROISSANT (V), CEREAL, SELECTION OF FRUIT, YOGHURT (V) <i>Allergies – soya eggs rye milk may contain sesame</i>	TOAST (V), CROISSANT (V), CEREAL, SELECTION OF FRUIT, YOGHURT (V) <i>Allergies – soya eggs rye milk may contain sesame</i>	TOAST (V), CROISSANT (V), CEREAL, SELECTION OF FRUIT, YOGHURT (V) <i>Allergies – soya eggs rye milk may contain sesame</i>
MAIN OPTION	CHICKEN GOUJONS PIZZA SLICE <i>Allergies – soya, milk</i>	PASTA WITH SAUCE <i>Allergies – milk</i>	BEEF BURGER AND WEDGES PIZZA SLICE <i>Allergies – soya milk</i>	CHICKEN GOUJONS <i>Allergies- milk</i>	FISH FINGERS AND CHIPS <i>Allergies – fish eggs</i> PIZZA SLICE <i>Allergies – soya milk</i>
VEGETARIAN (V)/ VEGAN (VE)	JACKET POTATO - VARIOUS FILLINGS (V) (VE) <i>Allergies – soya milk</i>	JACKET POTATO - VARIOUS FILLINGS (V) (VE) <i>Allergies – soya milk</i>	JACKET POTATO - VARIOUS FILLINGS (V) (VE) <i>Allergies – soya milk</i>	JACKET POTATO - VARIOUS FILLINGS (V) (VE) <i>Allergies – soya milk</i>	JACKET POTATO - VARIOUS FILLINGS (V) (VE) <i>Allergies – soya milk</i>
SANDWICH BAR	SANDWICHES WRAPS OR BAGUETTE WITH VARIOUS FILLINGS HAM SALAD, TUNA & CUCUMBER, TUNA MAYO, CHEESE SALAD, CHICKEN MAYO SALAD <i>Allergies Refer to label</i>	SANDWICHES WRAPS OR BAGUETTE WITH VARIOUS FILLINGS HAM SALAD, TUNA & CUCUMBER, TUNA MAYO, CHEESE SALAD, CHICKEN MAYO SALAD <i>Allergies Refer to label</i>	SANDWICHES WRAPS OR BAGUETTE WITH VARIOUS FILLINGS HAM SALAD, TUNA & CUCUMBER, TUNA MAYO, CHEESE SALAD, CHICKEN MAYO SALAD <i>Allergies Refer to label</i>	SANDWICHES WRAPS OR BAGUETTE WITH VARIOUS FILLINGS HAM SALAD, TUNA & CUCUMBER, TUNA MAYO, CHEESE SALAD, CHICKEN MAYO SALAD <i>Allergies Refer to label</i>	SANDWICHES WRAPS OR BAGUETTE WITH VARIOUS FILLINGS HAM SALAD, TUNA & CUCUMBER, TUNA MAYO, CHEESE SALAD, CHICKEN MAYO SALAD <i>Allergies Refer to label</i>

FRESH FRUIT, WATER AVAILABLE DAILY
ALL MENUS ARE SUBJECT TO AVAILABILITY
ALLERGY ADVICE

IN COMPLIANCE WITH FOOD LABELLING REGULATION 1169/2011 PUPILS AND STAFF ARE ADVISED TO LET OUR CATERING STAFF KNOW IF ANY FOOD MAY CAUSE ALLERGIC REACTION.
WE STORE PRODUCE AND DISPLAY FOOD WHERE ALLERGENS ARE HANDLED AND WHILE WE TRY TO KEEP THINGS SEPARATE WE CANNOT GUARANTEE THAT ANY ITEM IS ALLERGEN FREE



AUTUMN/WINTER MENU - GLUTEN FREE

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST / MID MORNING BREAK	TOAST (V), CROISSANT (V), CEREAL, SELECTION OF FRUIT, YOGHURT (V) <i>Allergies – soya eggs rye milk may contain sesame</i>	TOAST (V), CROISSANT (V), CEREAL, SELECTION OF FRUIT, YOGHURT (V) <i>Allergies – soya eggs rye milk may contain sesame</i>	TOAST (V), CROISSANT (V), CEREAL, SELECTION OF FRUIT, YOGHURT (V) <i>Allergies – soya eggs rye milk may contain sesame</i>	TOAST (V), CROISSANT (V), CEREAL, SELECTION OF FRUIT, YOGHURT (V) <i>Allergies – soya eggs rye milk may contain sesame</i>	TOAST (V), CROISSANT (V), CEREAL, SELECTION OF FRUIT, YOGHURT (V) <i>Allergies – soya eggs rye milk may contain sesame</i>
MAIN OPTION	CHICKEN GOUJONS PIZZA SLICE <i>Allergies – soya, milk</i>	PASTA WITH SAUCE <i>Allergies – milk</i>	BEEF BURGER AND WEDGES PIZZA SLICE <i>Allergies – soya milk</i>	OMELETTE, DICED POTATOES AND BEANS <i>Allergies – milk</i>	FISH FINGERS AND CHIPS <i>Allergies – fish eggs</i> PIZZA SLICE <i>Allergies – soya milk</i>
VEGETARIAN (V)/ VEGAN (VE)	JACKET POTATO - VARIOUS FILLINGS (V) (VE) <i>Allergies – soya milk</i>	JACKET POTATO - VARIOUS FILLINGS (V) (VE) <i>Allergies – soya milk</i>	JACKET POTATO - VARIOUS FILLINGS (V) (VE) <i>Allergies – soya milk</i>	JACKET POTATO - VARIOUS FILLINGS (V) (VE) <i>Allergies – soya milk</i>	JACKET POTATO - VARIOUS FILLINGS (V) (VE) <i>Allergies – soya milk</i>
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