

Amazing Things Happen Here

# BROADCAST



**FOR THE PUPILS, BY THE PUPILS**

**SPRING ISSUE  
2014**

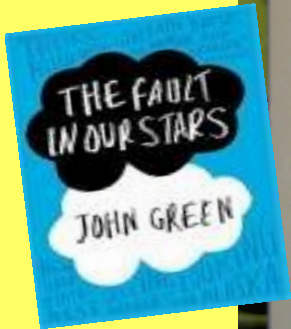
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Inside...

Interview with a Nursing Consultant

**In YOUR Future...**



**You Tube**



St. Patrick's RC High School: <http://www.stpatricksrchigh.co.uk/>

# So you want to be a Nurse Consultant...

*Julie Flaherty is a Nurse Consultant at Salford Royal Hospital. Julie has worked in Manchester Children's Hospitals for years. She has also worked for the Department of Health and her advice on children's nursing is well respected. She has written lots of books and has had many articles published. She has also spoken at conferences all over the world.*

## What's the best thing about being a Children's Nurse?

The best thing is helping to make the children better. Seeing their faces through an illness and knowing that you are helping them to get better. Talking with the children, every day they surprise you with the things they say. They are honest and will tell you as it is, they have an amazing amount of courage—far greater than any adult I have ever seen or cared for.

## What qualifications do you need to become a Consultant Nurse?

Starting out, you need 'A' levels - at least 2. Then you will need to undertake a degree in Children's Nursing and a Master's Degree in a complimentary subject that will enhance your Children's Nursing skills set, for example, Safe Guarding, Child Protection, Law and Ethics or Management Health Service. You will then need to work towards a PHD in a Children's Nursing related subject and finally at least 15 years experience in the children's speciality (mine is Children's A&E)

## What would you say to a pupil who wants to be a Children's Nurse?

Question themselves as to why they wanted to be a Children's Nurse. Do they have the affinity, love, hard work and devotion that it takes? If they answer yes to the questions, then expect lots of hard work, dedication and long hours but good fun and a very rewarding career. It takes time! Don't rush, enjoy and think of the good that you can do!

**In YOUR Future...**

## Club of the Term: Liturgy Group

At the Liturgy Group we think about things that are important to us in a Catholic school, then apply these messages to our own section of the mass. There are several jobs available that we would love you to help out with, such as: controlling audio/ lights, performing readings, creating PowerPoint's, writing scripts and doing the Offertory. If you would like to join, come to the chapel at Wednesday lunchtime! New members are always welcome to try out the Liturgy experience!  
Lewis Wilkinson, Year 9



## Head Teacher's Message...

As the examination period comes to an end we bid a fond farewell to our Year 11 students. All our prayers, and I am sure yours, go with them as they move on to the next stage of their lives. We are very proud of our 2014 school leavers and we are proud of you for supporting through this important year, especially those Year 11 pupils in your tutor group. They have been terrific role models and have set the bar high for our new Year 11. I know you would want me to thank the prefects for their hard work and commitment to making the school a safe and happy environment for all pupils.

It will be exciting to welcome our new year 7 in September. They are lucky to be joining a school with the highest standards and expectations, the new girls and boys will follow your example and will realise that they need to aspire to reach your standards; they will need your help and support. Yet again the school is oversubscribed.

Thank you for your continued support. Working together we will continue to go from strength to strength.

## Two Truths, One Lie: Teacher Edition

Mrs Proctor is a girl guide leader.

Miss Nicholson was born in Sydney.

Mr Hindmarch got a sword for Christmas.

See if you can guess... Answer in next edition

## Girls' Sport

We have loads of great sports in PE, my personal favourite is Rounders, but it's often hard to choose considering there are so many fun sports to choose from! In school we do Netball, Rugby, Badminton, Hockey, and also Athletics.

PE is my favourite subject because of all of these different sports!

Izzie Tyler. Year 7



## Boys' Sport-

Over the past couple of weeks, the PE Department have been very busy preparing the students for the Salford Schools Athletic Event and for the Catholic Schools Athletic Event. Students have been practicing everything from 100 meters to the Shot Put. The school was very successful in these events which made the teachers very happy! Before this we were playing sports like rugby and football, but while we are in the heat of the Summer, we are playing cricket and softball which is great!  
Christopher Thomas Year 9



## Top 8 Educational YouTube Accounts:

Crash Course  
CGP Grey  
Minute Physics  
SciShow  
Vsauce  
Minute Earth  
ViHart  
Veritasium  
By Hope Duncan



### Year 9 Drama Performance

In drama, 9A has raised money for a homeless charity called Coffee4Craig thanks to an organised performance about Real World problems. Miss Olsen was amazed by the performance and the organisation of the Year 9's who planned this event and performed it in front of an audience. They raised a huge amount of money for many homeless people in Manchester.

Patrick Haynes, Year 9.

### First Aid Tips:

What to do after getting sunburnt . . .  
Apply Aloe Vera  
Take a cold shower  
Wear loose clothing to allow burns to breathe

### Pompeii– Year 10

In April this year, a group of Year 9 and Year 10 students lead by Miss Parkinson, Miss Nicholson, Mr Chaytor, Mr Pagliuca and Mr Burns went on a trip to Sorrento, Italy. It was a joint Geography and History trip which included climbing up the local volcano Vesuvius, visiting Ancient Roman ruins as well as other things. The experience was good and so was the weather, even if the hotel food didn't quite live up to expectations!



Connor Allen, Year 10



## Summer Lemon Cake

### INGREDIENTS :

3 Eggs  
170 g Self Raising Flour  
170 g Caster Sugar  
170 g Butter  
1 tsp Baking Powder  
110g Icing Sugar  
2 Lemons



### METHOD:

Mix together the eggs, flour, sugar, butter, baking powder and the zest of two lemons. Pop into a tin and bake in the oven (set to 180 degrees Celsius) for 30-45 minutes. Cooking time depends on the size of the loaf and what your oven is like. The best way to test if your cake is cooked is to carefully slide a knife into the centre and if it comes out clean with no cake batter on then the cake is cooked! Whilst the cake is still hot, poke it all over with a skewer then pour on the drizzle. The drizzle is made by mixing together the icing sugar with juice of two lemons.

Amelia McLaughlin, Year 9.



### Film Review: Divergent

Set in a futuristic dystopia where society is divided into five factions that each represent a different virtue, teenagers have to decide if they want to stay in their faction or switch to another - for the rest of their lives! Tris Prior makes a choice that surprises everyone. Then Tris and her fellow faction-members have to live through a highly competitive initiation process to live out the choice they have made. They must undergo extreme physical and intense psychological tests that transform them all. But Tris has a secret—she is Divergent, which means she doesn't fit into any one group. If anyone knew, it would mean a certain death! As she discovers a growing conflict that threatens to unravel her seemingly perfect society, this secret might help her save the people she loves... or it might destroy her!

Kieron Marshall Year 9



### Game Review: Terraria

Terraria is an action-adventure/RPG game that is similar to a 2D Minecraft.

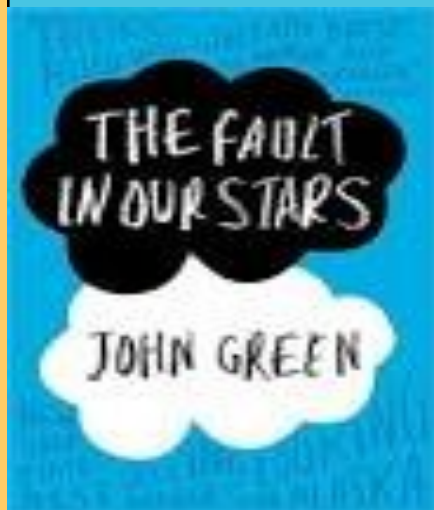
You go around as a 2D man who collects items to build an empire. Whilst battling mobs and other creatures, your options are endless as you can do anything in this ever expanding world of enjoyment.

The game is available for XBOX 360, PS3, PC, PS Vita and will soon be announced for other platforms.

### Book Review: The Fault in Our Stars

New York Times bestseller, 'The Fault in Our Stars' written by John Green has become increasingly popular since its release in 2012, and it has recently had its own movie released on Friday 20<sup>th</sup> of June. The story involves two teenagers coping with Cancer who meet at a support group. Hazel Grace Lancaster, who is battling lung cancer, meets bone cancer survivor Augustus Waters and throughout the novel they experience the ups and downs of dealing with their conditions. The story has touched the hearts of many and will continue to in years to come.

Maddie Palmer Year 10



### Message from the Editors: Stay Safe

Over the summer, it's important to remember to stay safe near water. Swimming in open water can be extremely dangerous, especially if you are a strong swimmer!

Keep the information from your Safety assembly in mind and make sure you and your friends return in September in full health.