



**ST PATRICK'S**  
— Roman Catholic High School —



**THE ST PATRICK'S CENTRE**  
— of Educational Excellence —

*Amazing things happen here*

Dear Parent/Carer,

As you may already be aware, Relationships, Sex and Health Education (RSHE), along with Health Education, is now part of The National Curriculum. As part of our school's wider Personal, Social and Health Education programme, your child will soon receive lessons on relationships, sexual health and personal safety.

We would like to make you aware of the content that your son and daughter will be learning during the summer terms of 2023. These lessons will be taught across two half terms during Form Time and cover a range of topics. These include:

- Consent and being ready
- Pornography
- Rape
- Sexting
- Sexual abuse

Children and young people are growing up in an increasingly complex world and they need to know how to be safe and healthy. RSHE helps them embrace the challenges of creating a happy and successful adult life. These topics support children and young people to develop healthy relationships, and to keep themselves and others safe.

The lessons will begin on the week commencing 15<sup>th</sup> May 2023.

Please feel free to contact your child's form tutor if you have any concerns or questions about any of the upcoming topics.

Yours faithfully,

Mr O Hayes  
Teacher of English & Head of PSHE

*Helping every child to be the very best version of themselves*



Headteacher: Mrs A Byrne

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