

SPRING 1 MENU - GLUTEN FREE



WEEK 2	2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST A		TOAST (V), CROISSANT (V), CEREAL, SELECTION OF FRUIT, YOGHURT (V) ALLERGIES – SOYA EGGS RYE MILK MAY CONTAIN SESAME	TOAST (V), CROISSANT (V), CEREAL, SELECTION OF FRUIT, YOGHURT (V) ALLERGIES – SOYA EGGS RYE MILK MAY CONTAIN SESAME	TOAST (V), CROISSANT (V), CEREAL, SELECTION OF FRUIT, YOGHURT (V) ALLERGIES – SOYA EGGS RYE MILK MAY CONTAIN SESAME	TOAST (V), CROISSANT (V), CEREAL, SELECTION OF FRUIT, YOGHURT (V) ALLERGIES – SOYA EGGS RYE MILK MAY CONTAIN SESAME	TOAST (V), CROISSANT (V), CEREAL, SELECTION OF FRUIT, YOGHURT (V) ALLERGIES – SOYA EGGS RYE MILK MAY CONTAIN SESAME
MAIN OPTI	ON	CHICKEN GOUJONS, WEDGES AND BEANS PIZZA SLICE ALLERGIES – SOYA MILK	PASTA WITH A TOMATO SAUCE Allergies – Milk	BEEF BURGER AND WEDGES PIZZA SLICE Allergies - Soya Milk	OMELETTE, DICED POTATOES AND BEANS ALLERGIES- MILK	FISH FINGERS AND CHIPS OR FISH FINGERS ON A BREAD ROLL AND CHIPS ALLERGIES – FISH EGGS PIZZA SLICE ALLERGIES – SOYA MILK
VEGETARIAN VEGAN (V		JACKET POTATO - VARIOUS FILLINGS (V) (VE) Allergies – Wheat gluten soya Milk	JACKET POTATO -VARIOUS FILLINGS (V) (VE) Allergies – Wheat gluten soya Milk	JACKET POTATO - VARIOUS FILLINGS (V) (VE) ALLERGIES – WHEAT GLUTEN SOYA MILK	JACKET POTATO - VARIOUS FILLINGS (V) (VE) ALLERGIES – WHEAT GLUTEN SOYA MILK	JACKET POTATO - VARIOUS FILLINGS (V) (VE) Allergies – WHEAT GLUTEN SOYA MILK
SANDWICH	BAR	SANDWICHES WRAPS OR BAGUETTE WITH VARIOUS FILLINGS HAM SALAD, TUNA & CUCUMBER, TUNA MAYO, CHEESE SALAD, CHICKEN MAYO SALAD	SANDWICHES WRAPS OR BAGUETTE WITH VARIOUS FILLINGS HAM SALAD, TUNA & CUCUMBER, TUNA MAYO, CHEESE SALAD, CHICKEN MAYO SALAD	SANDWICHES WRAPS OR BAGUETTE WITH VARIOUS FILLINGS HAM SALAD, TUNA & CUCUMBER, TUNA MAYO, CHEESE SALAD, CHICKEN MAYO SALAD	SANDWICHES WRAPS OR BAGUETTE WITH VARIOUS FILLINGS HAM SALAD, TUNA & CUCUMBER, TUNA MAYO, CHEESE SALAD, CHICKEN MAYO SALAD	SANDWICHES WRAPS OR BAGUETTE WITH VARIOUS FILLINGS HAM SALAD, TUNA & CUCUMBER, TUNA MAYO, CHEESE SALAD, CHICKEN MAYO SALAD
		ALLERGIES REFER TO LABEL				

FRESH FRUIT, WATER AVAILABLE DAILY

ALL MENUS ARE SUBJECT TO AVAILABILITY

ALLERGY ADVICE

IN COMPLIANCE WITH FOOD LABELLING REGULATION 1169/2011 PUPILS AND STAFF ARE ADVISED TO LET OUR CATERING STAFF KNOW IF ANY FOOD MAY CAUSE ALLERGIC REACTION. WE STORE PRODUCE AND DISPLAY FOOD WHERE ALLERGENS ARE HANDLED AND WHILE WE TRY TO KEEP THINGS SEPARATE WE CANNOT GUARANTEE THAT ANY ITEM IS ALLERGEN FREE